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| **Week 1** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | Toast or Choice of cereal | Toast or Choice of cereal | Toast or Choice of cereal | Toast or Choice of cereal | Toast or Choice of cereal |
| **10am Snack**  **(Milk served with snack)** | Apple chunks | Oranges | Half banana | Croissants  **(contains dairy)**  **(May contain soya nuts & egg)** | Grapes |
| **Lunch**  Main Meal | Marconi **cheese** sweetcorn and garlic bread  (homemade **cheese** sauce) **(contains milk)** | Homemade chicken in **bread**crumbs with mash potato, with spagetti hoops  (**contains egg)**  **(may contain soya)** | Roast potatoes with mince, pastry, carrots, broccoli and gravy | Fish fingers, mash with sweetcorn  (**contains fish)** | Jacket potato, **cheese** and beans  **(contains dairy)** |
| **Pudding** | Scone | Vanilla yogurt and strawberry | Rice pudding | Fruit salad - melon, pineapple & grapes | Pancake  (**contains egg, milk)** |
| **2pm Snack**  **(Milk served with snack)** | Ricecake & soft cheese  **(contains dairy)** | Oatcake with soft cheese | Cheese twists & dip  (**contains milk)** | Breadstick | Apple chunks |
| **Tea**  **A light meal** | Scrambled egg with toast  **(contains egg / milk)** | Hot dog with cucumber and carrot sticks | Ham sandwich with pepper and cucumber sticks | French stick with cheese cubes & cucumber sticks **(contains dairy**) | Crackers with cheese cubes & carrot sticks  **(contains dairy**) |
| **Pudding** | Melon & grape | Homemade cupcakes  **(contain egg)** | Fruit loaf | Digestive  **(contains wheat)**  **(may contain milk & sesame)** | Yogurt  **(contains dairy)** |

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| **Week 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | Toast or Choice of cereal | Toast or Choice of cereal | Toast or Choice of cereal | Toast or Choice of cereal | Toast or Choice of cereal |
| **10am Snack**  **(Milk served with snack)** | Crackers with butter  **(contains wheat)**  **(may contain gluten sources & milk)** | Breadstick & dip | Croissants  **(contains dairy)**  **(May contain soya peanuts nuts & egg)** | Melon chunks | Cheese twists |
| **Lunch**  Main Meal | Chicken Korma, rice and naan bread  **(contains wheat & milk)**  **(may contain nuts & peanuts)** | Mash potato with fishfingers with sweetcorn  (**fish)** | Mild chilli, rice and sweetcorn and tortilla chips | Mash potato, gammon ham with baked beans | Alphabet potato letters, **pizza** and sweetcorn  **(milk )** |
| **Pudding** | Fruit salad - melon and grapes | Banana & **custard**  **(milk )** | Homemade flapjack | Jelly & mandarins | Fruit salad - banana's and grapes |
| **2pm Snack**  **(Milk served with snack)** | Apple chunks | Grapes | Oranges | Half banana | Apple |
| **Tea**  **A light meal** | Ham wraps with cucumber sticks | **Cheese** toasties, cucumber sticks  **(contains milk)** | French stick with **cheese** cubes & cucumber sticks **(contains dairy**) | Crumpet, **cheese** chunks , cucumber, carrot  **(contains milk)** | Cracker with **cheese** chunks, pepper and cucumber  **(milk )** |
| **Pudding** | Chocolate Broche  **(contains milk)** | Pancake  **(contains egg milk and wheat)** | Fruit salad - pineapple , strawberries, grapes | Homemade cupcake  **(contains egg)** | Yogurt  **(contains milk)** |

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| **Week 3** | **Monday** | Tuesday | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | Toast or Choice of cereal | Toast or Choice of cereal | Toast or Choice of cereal | Toast or Choice of cereal | Toast or Choice of cereal |
| **10am Snack**  **(Milk served with snack)** | Apple chunks | Melon & grapes | Croissants  **(contains dairy)**  **(May contain soya nuts &** | Breadstick with onion and garlic dip  **(may contain milk)** | Grapes |
| **Lunch**  Main Meal | Penne pasta bolognaise with cheese & garlic bread  **(contains egg milk and wheat)** | Mash, sausage, carrots and broccoli with gravy | Homemade chicken **nuggets** with mash potato, sweetcorn and peas  **(contains egg)** | Mash, mince, pastry with sweetcorn and gravy | **Tuna** pasta bake with sweetcorn, grated **cheese** & garlic bread  **(contains dairy, fish)** |
| **Pudding** | Pancake  **(contains milk & egg)** | Vanilla yogurt with strawberries  **(contains dairy)** | Jelly with grapes | Rice pudding  (**contains milk)** | Banana and custard  (**contains dairy**) |
| **2pm Snack**  **(Milk served with snack)** | Cheese twist | Tortilla chips and humus  **(contains sesame)** | Apple chunks | Banana (half) | Apple Chunks |
| **Tea**  **A light meal** | Wraps with chicken roll, carrot sticks & cucumber sticks | Boiled eggs with bread and butter | Hot dogs with cucumber and pepper sticks | Cheese pizza with tortilla chips, cucumber and carrot sticks | Crumpets and cheese with carrot sticks  (**contains dairy**) |
| **Pudding** | Fruit salad - melon, grapes and oranges. | Homemade lemon cake | Scone  **(contains egg, milk, wheat) May contain barley & oat)** | Homemade flapjack | Yogurt  (**contains dairy**) |

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| **Week 4** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | Toast or Choice of cereal | Toast or Choice of cereal | Toast or Choice of cereal | Toast or Choice of cereal | Toast or Choice of cereal |
| **10am Snack** | Ricecake with soft cheese | Croissants  **(contains dairy)**  **(May contain soya peanuts nuts & egg)** | Oranges | Apple chunks | Banana chunks |
| **Lunch**  Main Meal | Chicken **tikka** with rice, peas and naan bread  **Milk, may contain peanuts & nuts** | Roast potatoes with mince, carrots broccoli, pastry & gravy | Pasta with meatballs in tomato sauce, with cheese, sweetcorn and garlic bread | Corned beef hash with beans | Mash, fishfingers and sweetcorn  **(Fish)** |
| **Pudding** | Pancake  **(contains egg milk and wheat)** | Vanilla yogurt & Strawberries | Fruit salad - pineapple, melon & apple | Custard & Banana  **(contains milk)** | Jelly & mandarins |
| **2pm Snack** | Melon chunks | Half banana | Breadsticks with dip | Cracker with soft cheese  **(contains milk)** | Tortilla chips |
| **Tea**  **A light meal** | **Cheese** toasties with cucumber & pepper sticks  **(contains dairy)** | Homemade **cheese** scones with carrot sticks and cucumber sticks **(contains dairy)** | **Pizza** with tortilla chips, cucumber & carrot sticks  **(contains dairy)** | French stick with **cheese** pepper & cucumber sticks  (**contains dairy**) | Cheese Sandwich with cucumber sticks  (**contains dairy**) |
| **Pudding** | Fruit salad - melon, apple and oranges | Fruit Loaf | Scone  **(contains egg, milk, wheat) May contain barley & oat)** | Digestive | Yogurt  (**contains dairy**) |